



Michigan Kalibari

মিশিগান কালীবাড়ী

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Annaparashn

(Mukhe Bhaat/Grain Initiation Ceremony)

Annaprashan or 'rice initiation' is a popular Hindu custom that marks the baby's transition from consuming liquid foods to solids. Annaprashan is performed across India and is known as Mukhe Bhaat in West Bengal, Choroonu in Kerala, and Bhath Khulai in the Garhwal hills of Himachal Pradesh.

After offering Bishnu Puja, prayers are offered to deities to bless the child with good digestive powers, good speech, and good mental development. Baby is first time feeding with Prasad, commonly a sweet pudding called [kheer](#) or Payas that is considered a holy solid food in Hindu religious ceremonies.

The ceremony is followed by a game, where the baby is offered to pick an item from the pick plate (contain gold, pen, book, clay, food). The first object picked by the baby symbolizes his future.

If he chooses gold jewelry, it means he will be wealthy.

If he chooses the pen, it means he'll be wise.

If he chooses the book, it means he will be learned.

If he chooses the clay, it means he will be blessed with property.

If he chooses the food, it means he will be empathetic and charitable.

Annaprashan items

(Orange color items available at temple)

1. Gold or silver bowl & spoon for feeding the child*
2. New dress for the child
3. Tapor or turban*
4. Flower garland
5. Durva
6. Aluminium foil and tray 3
7. Banana 10
8. Camphor little
9. Dhanyam little
10. Flowers Assorted
11. Fruits Assorted
12. Gangajal little
13. Ghee little
14. Milk
15. Sweets
16. Green Coconut
17. Haritaki little
18. Honey little
19. Incense Sticks (Agarbattis) 1 packet
20. Mango leaves 20
21. Match box/ Gas Lighter 1
22. Mustard Oil for Deep little
23. Paper Towel 2
24. Plain Yogurt 1 small cup
25. Sandalwood Red little
26. Sandalwood White little